















# HOẠT ĐỘNG VÀ THỜI GIAN BIỂU CỦA TRẠI HÈ

	Thứ tư	Thứ năm	Thứ sáu	Thứ bảy	Chủ nhật	Thứ hai	Thứ ba
7h30 - 8h00	Ngủ dậy và vệ sinh cá nhân						
8h00 - 8h30	Ăn sáng						
9h00 - 10h30	THAM QUAN, DÃ NGOẠI CẢ NGÀY	Lớp tiếng Anh				THAM QUAN, DÃ NGOẠI CẢ NGÀY	
10h30 - 11h00		Nghỉ giải lao					
11h00 - 12h30		Lớp tiếng Anh					
12h30 - 13h30		Ăn trưa					
14h00 - 15h30		Tham quan thành phố London					
16h00 - 17h30							
18h00 - 18h45							
19h00 - 19h30	Nghỉ ngơi tự do						
19h30 - 21h00	HOẠT ĐỘNG BUỔI TỐI						
21h00 - 22h00	Tắm rửa, vệ sinh cá nhân.						
22h30	Nghỉ ngơi trong phòng						
23h00	TẮT ĐÈN ĐI NGỦ						

# Kings South Bank – Week 2 timetable: 2 to 8 July 2025

## Summer Course (SC)



	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	
7.30 – 8.00	Wake and get up	Wake and get up	Wake and get up	Wake and get up	Wake and get up	Wake and get up	Wake and get up	
8.00 – 8.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9.00 – 10.30	Arrivals / Departures or Leeds Castle (Packed lunch)	English lessons	English lessons	English lessons	English lessons	English lessons	Brighton, inc. Royal Pavilion or Hastings inc. Tea Museum (Packed lunch)	
10.30 – 11.00		Break	Break	Break	Break	Break		
11.00 – 12.30		English lessons	English lessons	English lessons	English lessons	English lessons		
12.30 – 13.30		Lunch	Lunch	Lunch	Lunch	Lunch		
14.00 – 15.30						Sports		
16.00 – 17.30								
18.00 – 18.45	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
19.00 – 19.30	Free time	Free time	Free time	Free time	Free time	Free time	Free time	
19.30 – 21.00	Activities	Activities	Activities	Activities	Activities	Activities	Activities	
21.00 – 22.00	Free time	Free time	Free time	Free time	Free time	Free time	Free time	
22.30	In rooms	In rooms	In rooms	In rooms	In rooms	In rooms	In rooms	
23.00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	
								







\* New Students will have a walking tour of the Westminster area | Activities displayed in the above timetable are only examples and will vary each week. Please note that Kings reserve the right to make alterations to the programme should weather or external forces dictate. This may mean putting on suitable alternatives when necessary but Kings will make every effort to fit in all the programmed activities. Please note lessons within a week may be all morning or all afternoon, with activities/trips in the other half of the day.



# Kings South Bank – Week 3 timetable: 9 to 15 July 2025

## Summer Course (SC)



	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
7.30 – 8.00	Wake and get up	Wake and get up	Wake and get up	Wake and get up	Wake and get up	Wake and get up	Wake and get up
8.00 – 8.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.00 – 10.30	Arrivals / Departures or Greenwich, inc. Royal Observatory & Stratford Shopping Centre (Packed lunch)	English lessons	English lessons	English lessons	English lessons	English lessons	Hastings inc. Team Museum or Brighton, inc. Royal Pavilion (Packed lunch)
10.30 – 11.00		Break	Break	Break	Break	Break	
11.00 – 12.30		English lessons	English lessons	English lessons	English lessons	English lessons	
12.30 – 13.30		Lunch	Lunch	Lunch	Lunch	Lunch	
14.00 – 15.30						Sports	
16.00 – 17.30		Tate Modern*	London Eye	Camden Market	British Museum		
18.00 – 18.45	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19.00 – 19.30	Free time	Free time	Free time	Free time	Free time	Free time	Free time
19.30 – 21.00	Activities	Activities	Activities	Activities	Activities	Activities	Activities
21.00 – 22.00	Free time	Free time	Free time	Free time	Free time	Free time	Free time
22.30	In rooms	In rooms	In rooms	In rooms	In rooms	In rooms	In rooms
23.00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out



\* New Students will have a walking tour of the Westminster area | Activities displayed in the above timetable are only examples and will vary each week. Please note that Kings reserve the right to make alterations to the programme should weather or external forces dictate. This may mean putting on suitable alternatives when necessary but Kings will make every effort to fit in all the programmed activities. Please note lessons within a week may be all morning or all afternoon, with activities/trips in the other half of the day.